

2024 2025 Prairie Fire Cheerleading Tryout Information

DESCRIPTION

Tryouts are held in June for our level 3+ teams preparing for the fall season. We have team placements in August to confirm and to roster the rest of our PFC teams. Attending tryouts and summer training is required for our L3+ teams (with summer flexibility). If you have any questions or if you need an alternate tryout plan, please email info@prairiefirecheerleading.ca.

If you have a young athlete who is interested in the tryout process, COME! It is a good opportunity to learn about the process and to take a step forward. We have Academy training opportunities this year for any athletes who do not get rostered on our L3+ teams. We want to encourage more athletes to experience our summer training opportunities.

This year we are planning to build on last year's success; so here is our tentative plan. Heat will continue as a stunt only team competing in either the U16 or U18 age divisions in Level 3.0 or 4.0. Wildfire will continue competing Level 3 as U16 or U18, training for the Summit using their bid awarded from Sea to Sky. Code Red will continue planning to be a Level 4 team. Fever will compete in the International Open Level 5 division. This year TNT will be trying to earn a bid to Worlds, planning to compete in the International Open Level 6.0 division.

AGE GUIDELINES

Ages in our sport are calculated based on the year of the competition season (as of Dec 31, 2025). An athlete is age eligible if they are of the given age/birth year for that category.

U16	birth ages 2008-2013
U18	birth ages 2006-2011
International Open (ages 16+)	birth ages 2009 or earlier

TRYOUTS

Tryouts happen for U16/18 (Wildfire), U16/18 NT (Heat), U18 (Code Red), and Open (Fever and TNT) teams.

Note: that these teams are all dependent on athletes etc. all teams listed above as well as the rest of our teams will be confirmed in September for the 2024/2025 season.

Please register [here](#). Tryouts cost \$10/athlete.

Tryouts will happen on Friday June 21, 2024.

Friday 5:00-7:00pm Athletes born in 2010-2013 (U16 & U18)

Friday 7:30-9:30pm Athletes born in 2009 and older (Open)

WHAT HAPPENS AT TRYOUTS?

An introduction, warmup bodies, and split into groups. Within these groups you will be asked to warm up your standing and running tumbling skills including jump tumble skills. Some of these skills can be done on equipment to show future progress (ex. I can show a RO BHS BT on the floor and a RO BHS LO on the trampoline). We will record a video of each athlete completing these skills. Athletes will also do some testing and a possible interview with coaches to clarify some information. Next, in stunt groups, athletes will be asked to show off some specific stunting skills. We will end the tryouts with some conditioning for our bases and testing for our tops.

What you need:

Please come in comfortable athletic clothing, with your hair tied back, piercings and jewelry removed, and clean indoor shoes. Bring a water bottle and a positive attitude.

What we need from you:

Prior to the Tryout athletes will be asked to submit some information about themselves and their hopes for the 2024/2025 season as well as fill out some information when you sign up for tryouts.

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SUMMER TRAINING

Training for our **Academy, Wildfire, Heat, and Code Red** will include weekly leveled tumbling times*, and a four-day camp on July 23-26 from 9:00am-12:00pm (Academy), or 1:00pm-4:00pm (Heat, Wildfire & Code Red). The four-day camp will be available upon tryout invite by June 24 and costs \$120.

*weekly leveled tumbling classes are an additional approx. \$100 and can be replaced with a private tumbling lesson if that is preferred

END OF SUMMER TRAINING

All Level 3+ teams will train the week after team placements on August 26-August 29 from 5:30-7:30pm, or 7:30-9:30pm.

SUMMER TRAINING FOR WORLDS TEAMS

Training for **IO5 (Fever)** will include weekly leveled tumbling times and weekly training times on Wednesdays from 7:00pm-9:30pm (July 10, 17, 24, 31 & August 7, 14, 21 & 28). The weekly training will be available upon tryout invite by June 21 and costs \$150**. You also need to register for a summer session tumbling class*** which costs approximately \$100.

**Those athletes entering their fourth year of competing with Fever are eligible for our scholarship. Please connect with Todd for more details.

***Weekly leveled tumbling classes are an additional approx. \$100 and can be replaced with a private tumbling lesson if that is preferred

Training for **IO6NT (TNT)** will include weekly training times on Tuesdays from 7:30-9:30pm (July 16, 23, 30 & August 6, 13, 20 & 27). The weekly training will be available upon tryout invite by June 21 and costs \$100.

COMPETITION NOTES: WORLDS & SUMMIT

Prairie Fire was very successful this season, and fortunate enough to have received 2 deferred Summit bids for the 2024/2025 season, a second place in the Nations cup at Worlds as well as a Bronze Globe at the Cheerleading Worlds. These opportunities and successes have informed team and competition decisions for this upcoming season. Fever and TNT will be training to earn a bid to Worlds in 2025. Wildfire will be traveling to the Summit in 2025 (like Junior Worlds). Rosters will be confirmed in August. The Summit is best suited for more experienced athletes, but we recognize that it is a unique opportunity that we will lean into. We are very excited for Wildfire 2024/2025.

We have decided, after much consideration, to not use the Summit bid earned by Fusion this year. We know that the team was excited to hear they earned a Summit Bid and we were very proud of their accomplishment. Summit is a large time, training, and financial commitment that will be part of training and competing experiences in years to come. We encourage all Fusion athletes to attend level 3+ tryouts this season and continue training and working towards more travel experiences. Thank you for trusting the process and trusting that every decision we make is considering the long term development of PFC athletes.

Later this month, we will be sharing some more information about PFC short and long term planning. We will explain plans to achieve Worlds level goals, plans to provide individual and team training opportunities, and development pathways for all level athletes. We will also share the reasons why we provide different training and competition opportunities for a variety of athletes who love cheer as much as we do.